

**CLAIMS**

What is claimed is:

- 5 1. A method for delivering disordered breathing therapy to a patient, comprising:  
obtaining cardiac intervals between cardiac beats;  
determining a first indicated pacing interval based at least on a cardiac interval  
duration and a previous value of the first indicated pacing interval; and  
providing cardiac pacing to mitigate disordered breathing based on the first  
10 indicated pacing interval.
2. The method of claim 1, further comprising initiating delivery of the disordered  
breathing therapy based on detection of disordered breathing.
- 15 3. The method of claim 1, further comprising initiating delivery of the disordered  
breathing therapy based on prediction of disordered breathing.
4. The method of claim 1, wherein:  
obtaining cardiac intervals comprises obtaining intervals between ventricular  
20 beats; and  
providing the cardiac pacing to mitigate the disordered breathing comprises  
providing ventricular pacing.
5. The method of claim 1, wherein:  
25 obtaining the cardiac intervals comprises obtaining intervals between atrial  
beats; and  
providing the cardiac pacing to mitigate the disordered breathing comprises  
providing atrial pacing.

6. The method of claim 1, further comprising adapting the cardiac pacing based on characteristics of the disordered breathing.

7. The method of claim 1, further comprising adapting the cardiac pacing based on  
5 therapy efficacy.

8. The method of claim 1, further comprising adapting the cardiac pacing based on an impact of the therapy on the patient.

10 9. The method of claim 1, wherein the cardiac interval duration comprises a most recent cardiac interval duration.

10. The method of claim 1, wherein the cardiac interval duration comprises a previous cardiac interval duration.

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11. The method of claim 1, wherein providing the cardiac pacing to mitigate the disordered breathing comprises providing atrial pacing.

12. The method of claim 1, wherein providing the cardiac pacing to mitigate the  
20 disordered breathing comprises providing ventricular pacing.

13. The method of claim 1, wherein providing the cardiac pacing to mitigate the disordered breathing comprises providing bi-ventricular pacing.

25 14. The method of claim 1, wherein providing the cardiac pacing to mitigate the disordered breathing comprises providing overdrive pacing.

15. The method of claim 1, wherein providing the cardiac pacing to mitigate the disordered breathing comprises pacing at a rate above an intrinsic rate.

16. The method of claim 1, wherein an initiating event of a cardiac interval comprises a sensed cardiac beat.

5 17. The method of claim 1, wherein an initiating event of a cardiac interval comprises a paced cardiac beat.

18. The method of claim 1, wherein a terminating event of a cardiac interval comprises a sensed cardiac beat.

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19. The method of claim 1, wherein a terminating event of a cardiac interval comprises a paced cardiac beat.

20. A system for providing disordered breathing therapy to a patient, comprising:

15 a circuit configured to detect cardiac beats and obtain cardiac intervals between cardiac beats;

a controller coupled to the circuit and configured to determine a first indicated pacing interval based at least on a cardiac interval duration and a previous value of the first indicated pacing interval; and

20 a cardiac pacing circuit coupled to the controller and configured to provide cardiac pacing to mitigate disordered breathing based on the first indicated pacing interval.

21. The therapy system of claim 20, wherein the cardiac beats are sensed beats.

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22. The therapy system of claim 20, wherein the cardiac beats are paced beats.

23. The therapy system of claim 20, further comprising disordered breathing detection circuitry coupled to the controller and configured to detect disordered

breathing and initiate therapy to mitigate the disordered breathing based on the detection of disordered breathing.

24. The therapy system of claim 20, further comprising a detection system coupled  
5 to the controller, the detection system configured to detect one more characteristics of the disordered breathing, wherein the controller is further configured to adjust the cardiac pacing based on the one or more disordered breathing characteristics.

25. The therapy system of claim 20, further comprising a detection system coupled  
10 to the controller, the detection system configured to detect an impact of the disordered breathing therapy on the patient, wherein the controller is further configured to adjust the cardiac pacing based on the impact of the disordered breathing therapy on the patient.

15 26. The therapy system of claim 20, further comprising a disordered breathing prediction unit coupled to the controller and configured to detect disordered breathing and initiate therapy to mitigate the disordered breathing based on the prediction of disordered breathing.

20 27. The therapy system of claim 20, wherein the cardiac pacing circuit is configured to pace one or more atria.

28. The therapy system of claim 20, wherein the cardiac pacing circuit is configured to pace one or more ventricles.

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29. The therapy system of claim 20, wherein the cardiac interval duration comprises a previous cardiac interval duration.

30. The therapy system of claim 20, wherein the cardiac interval duration comprises a most recent cardiac interval duration.

31. A system for providing disordered breathing therapy, comprising:

5 means for obtaining cardiac intervals between cardiac beats;

means for determining a first indicated pacing interval based at least on a cardiac interval duration and a previous value of the first indicated pacing interval; and

means for providing cardiac pacing to mitigate disordered breathing based at least on the first indicated pacing interval.

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32. The system of claim 31, further comprising means for initiating the disordered breathing therapy based on detection of disordered breathing.

33. The system of claim 31, further comprising means for initiating the disordered

15 breathing therapy based on prediction of disordered breathing.

34. The system of claim 31, further comprising means for adapting the cardiac pacing based on characteristics of the disordered breathing.

20 35. The system of claim 31, further comprising means for adapting the cardiac pacing based on therapy efficacy.

36. The system of claim 31, further comprising means for adapting the cardiac pacing based on an impact of the therapy on the patient.